

Breakfast is Served Monday to Saturday, 8am until 9.30am, menu items change daily.

	Sun 31st Jul	Mon 1st Aug	Tue 2nd Aug	Wed 3rd Aug	Thu 4th Aug	Fri 5th Aug	Sat 6th Aug
Lunch		Tomato and Basil Vichyssoise ~~~ Grilled Gammon Steak and Parsley Sauce Meat Pizza v Spicy Chick Pea and Vegetable Hot Pot, Salad Bar Chips, Gratin Potatoes, Carrots, Peas ~~~ Coffee and Walnut Gateau	Split Pea and Green Pea Smoked Ham Soup ~~~ Roast Beef with Caramelised Onion Gravy Herby Toad in the Hole v Roasted Vegetables with Lancashire Cheese, Salad Bar Roast Potatoes, Mashed Potato, Carrots, Spring Cabbage ~~~ Lemon Syllabub	Mushroom Soup ~~~ Cottage Pie Baked Whiting with Beetroot Salsa v Cannelloni with Spinach Sauce, Lucy Potatoes, Roasted Pilau Rice Fine Beans, Purée of Butternut Squash ~~~ Steamed Toffee Banana and Pecan Pudding	Red Lentil Soup ~~~ Lamb Steak with Cherry Tomatoes Lattice Pork and Apple Pie v Aubergine Parmigiana, Salad Bar Cubed Potatoes, Lyonnaise Potatoes, Mashed Carrot and Swede, Spring Cabbage ~~~ Jam Suet Pudding and Custard	Pear and Watercress Soup ~~~ Haddock in Batter Stir Fry Beef Jelfreze in a Tortilla Wrap v Tofu Vegetables in Satay Sauce, Salad Bar Chips, Parsley Potatoes, Peas, Stir Fried Vegetables ~~~ Crème Caramel	Menu As Per Chef
Dinner	Roast Leg of Pork with Apple Sauce Smokey Bacon and Leek Bake v Ravioli with Mushroom White Wine Sauce Salad Bar Roast Potatoes, Croquette Potatoes, Broccoli, Cauliflower ~~~ Peach Tart and Custard	Turkey with Mushrooms in a Yorkshire Pudding Lasagne v Greek Style Stuffed Peppers with Feta, Mixed Olives, Cous Cous and Sun Blushed Tomato Sauce, Salad Bar New Potatoes, Hash Browns Mixed Vegetables, Green Beans ~~~ Pear and Ginger Crisp with Custard	Italian Baked Cod Mashed Potato Sausage Pie v Quorn Mince Bourguignonne, Salad Bar Parsley Potatoes, Southern Fried Spiral Potatoes, Cabbage, Buttered Leeks ~~~ Plum Pie and Custard	Chilli Con Carne Cajun Chicken Wings with Spicy Dip v Vegetable and Green Lentil Bake, Salad Bar Potato Wedges, Rice, Peas and Sweetcorn, Carrots ~~~ Fruit Jelly and Greek Yoghurt	Chicken Kiev with Mushroom Sauce Penne Pasta Bolognese v Feta and Squash Filo Parcels, Salad Bar French Fries, Mini Jacket Potatoes, Whole Beans, Sautéed Courgettes ~~~ Fresh Fruit Salad	Southern Fried Butterfly Chicken with Garlic Sauce Grilled Pork Chop with Spicy Tomato, Onion and Coriander Salsa v Red Lentil Dhal with Chickpeas, Salad Bar Creamed Potatoes, Lattice Potatoes, Carrots, Courgettes ~~~ Banoffee Pie	Roast Pork and Apple Sauce Grilled Salmon, Rosemary and Sunflower Seeds v Vegetable Casserole, Salad Bar Roast Potatoes, Chips, Ratatouille, French Beans ~~~ Strawberries and Cream